

## Hong Kong Elite Rope Skipping Championships 2020 (Master & Team) cum Hong Kong Delegation Selection

The captioned event is scheduled for March to April 2020. The Championships is organized by Hong Kong Rope Skipping Association, China (HKRSA) and subvented by the Leisure and Cultural Services Department (LCSD). In accordance with the rules of the Rope Skipping Championships established by International Jump Rope Union (IJRU), HKRSA has modified a set of rules that apply to the Hong Kong Championships. The athletes with outstanding performances in the Championships will be selected as the representatives for Hong Kong Rope Skipping Team to participate in the International Championships. The details and rules of the Championships are stated below:

Note: According to the rules of IJRU, 'Individual Overall' event will be used instead of 'Master' event in this circular.

### Part A: General Information

#### 1. Date & Time of The Championships

Category	Date	Time	Venue	Gender
Individual Overall	1 March 2020 (Sun)	11 am to 11 pm	Ping Shan Tin Shui Wai Sports Centre	Male
	8 March 2020 (Sun)			Female
Team	4 April 2020 (Sat)	9 am to 7 pm	The Open University of Hong Kong	Open
	5 April 2020 (Sun)			Male
	10 April 2020 (Fri)	9 am to 7 pm	Tai Kok Tsui Sports Centre	Female

**\* The schedule for the prize presentation ceremony will be announced later \***

### Part B: Enrolment Information

#### 1. Individual Overall – Gender Categories, Age Divisions & Events

Gender	Age Division (Date of Birth)		Individual Overall Events
Individual Overall (Male / Female)	1	12 - 14 Years Old 1 September 2005 to 31 December 2008	A. Single Rope Speed Sprint (30 seconds) B. Single Rope Speed Endurance (180 seconds) C. Single Rope Individual Freestyle (75 seconds) D. Single Rope Triple Unders <sup>#</sup>
	2	15 - 17 Years Old 1 September 2002 to 31 August 2005	
	3	18 Years Old or Above 31 August 2002 or before	
	4	30 Years Old or Above 31 August 1990 or before	

<sup>#</sup>The result of the Single Rope Triple Unders does not include in the overall result of the Individual Overall Competition. This event is only open for the athletes aged 15 or above to compete.

- I. Male and Female categories include 4 age divisions respectively. Each gender category shall include 3 athletes or above. The maximum number of athletes are 300 within the 8 divisions.  
(The max. quotas for HKRSA are 150 athletes; The max. quotas for HKRSF are 150 athletes)
- II. The age division for 18 Years Old above are open for all athletes aged 30 Years Old or above. Athletes from all other age divisions shall fulfil the age requirement.
- III. If the number of athletes is less than 3 in any of the age division, the athletes of that particular category will be competing against the athletes with different gender in the same age division.
- IV. Application for single event in Individual Overall (do not include Single Rope Triple Unders Event) will be open for athletes. The overall result will only be provided for athletes who have completed all events.

## 2. Team – Gender Categories, Age Divisions & Events

Gender	Age Division (Date of Birth)		Team Events
Team (Male / Female / Mixed)	1	12 - 14 Years Old 1 September 2005 to 31 December 2008	A. Single Rope Speed Relay (2 minutes) B. Single Rope Double Dutch Unders Relay (1 minute)
	2	15 - 17 Years Old 1 September 2002 to 31 August 2005	C. Double Dutch Speed Relay (2 minutes) D. Double Dutch Speed Sprint (1 minute)
	3	18 Years Old or Above 31 August 2002 or before	E. Single Rope Pair Freestyle (75 seconds) F. Single Rope Team Freestyle (75 seconds)
	4	30 Years Old or Above 31 August 1990 or before	G. Double Dutch Single Freestyle (75 seconds) H. Double Dutch Pair Freestyle (75 seconds)

- I. Male, Female and Mixed categories include 4 age divisions respectively. Each gender category shall include 3 teams or above. The maximum number of teams are 160 within the 12 divisions.  
(The max. quotas for HKRSA are 80 teams ; The max. quotas for HKRSF are 80 teams)
- II. Each team shall be formed by 4 - 6 athletes.
- III. Athletes in the division of 12 - 14 Years Old must strictly follow the age requirement.
- IV. At least one athlete within the team in the division of 15 - 17 Years Old or 18 Years Old or above shall meet the age requirement.
- V. The division of 18 Years Old or above team event accepts entries from athletes aged 30 or above. (Not applicable to other events.)
- VI. All athletes in the division of 30 Years Old or above team event must meet the age requirement.
- VII. There must be at least one female and one male athletes in any mixed team events.
- VIII. Each athlete can only represent one team in the Championships, otherwise, the athlete and the team will be disqualified with no results.
- IX. For any team events with less than 3 entries, the results will be compared to the below divisions for the final rankings:
  - (1) Male → Mixed
  - (2) Female → Mixed
  - (3) Mixed → Female
- X. Application for single event does not apply to Team category.

## 3. Eligibility

Hong Kong Rope Skipping Association, China (HKRSA)

- I. Athletes are only being eligible to participate with valid membership of HKRSA.
- II. Each athlete can only represent one affiliated/ observing affiliated club/ group member (including Individual Overall and Team events). Otherwise, the athlete and the team will be disqualified with no results.
- III. Criteria of participating in the Individual Overall events:
  1. Former Hong Kong Rope Skipping Delegation Team members of HKRSA (including Individual Overall and Team events); or
  2. Participated in the Hong Kong Elite Rope Skipping Championships 2020 (Individual Overall and Team events) cum Hong Kong Delegation Selection in the past; or
  3. Ranked in the first three places of Individual Overall in All Hong Kong Age Group Rope Skipping Competition from 2017 to 2019.

Hong Kong Rope Skipping Federation, China (HKRSF) (Only applicable to the Hong Kong Elite Rope Skipping Championships 2020)

- I. Athletes with valid HKRSF membership.

## 4. Rules and Regulations

- I. Rules of International Jump Rope Union (IJRU) 2020 World Championships will be followed unless specified.

(Please refer to IJRU website for details - <https://ijru.sport>)

- II. Athletes shall follow all the rules, regulations and instruction of this competition developed by HKRSA.
5. Notices
  - I. Athletes must show original valid Hong Kong identity card or passport during registration on the event day. Participants would not be allowed to participate in the Championships without valid ID.
  - II. Athletes shall aware of the announcements on the event day. Please ensure to arrive and register at the athletes' reporting and marshalling area on time, otherwise, athletes will be regarded as withdrawal from the Championships. Athletes who enter the competition area without registration will be disqualified.
  - III. Only one coach for each athlete or team will be allowed to enter the competition area during registration and competition.
  - IV. Athletes shall tie their shoes at once if any shoelace comes untied. Otherwise, no score will be given for the rest of the performance.
  - V. Athletes must wear sportswear and sports shoes for safety reasons.
  - VI. Athletes in the same team must wear same uniforms. (Not applicable to shoes.)
6. Judges
  - I. HKRSA will recruit and appoint eligible and qualified judges (IJRU, HKRSA & HKRSF).
  - II. For speed events, the jump of each athlete or team will be counted by three judges. The final decision will be taken from the average of two closest results.
  - III. The judging panel of freestyle events is formed by head judge, difficulty judge(s) and presentation judge(s). (Rules of the International Jump Rope Union (IJRU) 2020 World Championships will be followed.)
  - IV. The decisions of head judge made on the event day are considered as the final decision of the competition.
7. Results and Appeal
  - I. After the announcement of results, representatives from each club member must report to the Command Post and verify the results with signatures within 30 minutes. No amendment can be made after 30 minutes.
  - II. Representatives and coaches could make any appeal within 30 minutes after the result announcement by submitting an appeal form and a deposit of HK\$500 along with the appeal form shall be submitted to the Command Post. Late submission will not be accepted. (The appeal form can be collected from HKRSA staff on the event day)
  - III. Appeals made by athletes, parents or audiences will not be accepted.
  - IV. Appeals will be handled by the Appeal Board Committee for final decisions. The refund of the deposit will be made if the appeal is decided in favour of the appellant. No refund will be made if the Board decides to keep the same judgement.
  - V. Decisions made by the Appeal Board Committee are considered as final decisions.
  - VI. Appeal Board Committee consists of:
    1. HKRSA Executive Member from the Competition Committee (1 person)
    2. HKRSF representative (1 person)
    3. IJRU representative (1 person) \*If any
    4. Head Judge (1 person) \*The Head Judge could contribute to the discussion; however, he/she has no voting right.
  - VII. For each Individual Overall and Team event, a medal will be awarded to the top 3 athletes or teams.
  - VIII. For Individual and Team Overall categories, a trophy will be awarded to the top 3 athletes or teams.
  - IX. Medals will be awarded to both winners with same ranking. (First runner-up would not exist when there are two champions; second runner-up would not exist when there are two first runner-up)
  - X. For any event that does not meet the minimum number of entries, the results of that particular event will be compared to other events in the same age division. The result of the cross-event comparison does not affect the original result within his/her own event.
  - XI. The overall result in both Individual Overall and Team events will be calculated. No overall result will be calculated if athlete is absent from either one of the events.

- XII. Rule 7.6.2 of the International Jump Rope Union (IJRU) 2020 World Championships Rule Book will be followed when there are athletes with same rankings in single individual or Team freestyle event.
- XIII. Rule 7.6.3 of the International Jump Rope Union (IJRU) 2020 World Championships Rule Book will be followed when there are athletes with same rankings in the overall results of the Individual Overall or Team events.
- XIV. In the case of reissuing medal, HKRSA staff will collect contact information from the winning athletes. Medals will be available to collect at HKRSA's office within one month after the competition.

### **Part 3: Application Procedure**

#### **1. Entry Fee**

- I. Individual Overall\*: HKD 450 per athlete (3 events in total, HKD 150 per event)

##### Fee included:

- Competition Fee: HKD 300
- Judges Fee: HKD 150 (Representatives from IJRU will be invited to be the Judges for this competition)
- \*Application for single event will be open. The entry fee will be HKD 150 per single event. (Included competition and Judges Fees)

- II. Team: HKD 1,400 per team (8 events in total, HKD 175 per event)

##### Fee Included:

- Competition Fee: HKD 1,200
- Judges Fee: HKD 200 (Representatives from IJRU will be invited to be the Judges for this competition)

#### **2. Application Method**

- I. Please fill in and submit the completed application form along with a crossed cheque payable to 'Hong Kong Rope Skipping Association, China Limited' in person or mail it to 'Flat K, 10/F, Haribest Industrial Building, 45-47 Au Pui Wan Street, Fo Tan, Hong Kong'. Please state 'Hong Kong Elite Rope Skipping Championships 2020 (Master & Team) cum Hong Kong Delegation Selection (Member's Name)' on the envelope. Once the application is approved, no refund will be made.
- II. Members are required to submit one cheque on behalf of their athletes. Information listed on the cheque must be consistent with the application form. Please submit a separate cheque for applying HKRSA membership.
- III. Please submit application form online and email the athletes' name list to [hkrsa.comp@gmail.com](mailto:hkrsa.comp@gmail.com). Please state your member/club name in the subject. (eg: ABC.xls)
- IV. A completed application form should include:
1. The original application form with organization chop along with athletes' name list.
  2. A crossed cheque payable to 'Hong Kong Rope Skipping Association, China Limited'.
  3. The original declaration by athletes. (It must be signed by parent or guardian for athlete aged under 18.)
  4. The copy of athletes' valid ID (HKID or passport)
  5. Soft copy of athletes' name list.
- V. Items (1) – (4) must be submitted on or before the application deadline in person or by post (The postmark date on the envelope will be regarded as the date of application). Item (5) must be sent to [hkrsa.comp@gmail.com](mailto:hkrsa.comp@gmail.com) by email on or before the application deadline.
- VI. The application will only be considered as successful when all the above documents are submitted on or before the application deadline. Late submission will not be accepted.
- VII. One-time amendment is offered for each member; submission of the revised document must be followed by the instruction listed in (2. Application Method - item V).
- VIII. Please contact HKRSA staff if you fail to receive confirmation email after you have submitted your application.
- IX. The receipt of the application will be distributed on the event day. Please assign one representative from each member to collect at the Commend Post.
- X. After the application has been submitted, no refund will be arranged if the athletes are not eligible for the competition.
- XI. Absentees will be regarded as withdrawal from the competition, in which case, no refund will be arranged.

### 3. Format of Music Submission

- I. HKRSA will communicate with the contact person by email regarding the arrangement of music submission. The music must be submitted on or before the deadline.
  1. Individual Overall & Single Event: By 23 February 2020 (Sunday)
  2. Team: By 22 March 2020 (Sunday)
- II. Only MP3 format will be accepted.
- III. The music must be followed by the requirement below:
  1. Individual Overall & Single Event: Athlete code\_Name.mp3 (e.g. M001\_Chan Tai Man.mp3)
  2. Team: Team code\_Event\_Team name.mp3 (e.g. TM001\_Single Rope Team Freestyle\_ABC.mp3)
- IV. Music with invalid format will not be handled.
- V. The submission link of music will be closed after the deadline. Athletes who fail to submit music before deadline will be assumed as competing without music.

### Part 4: Inclement Weather and Emergency Arrangement

- I. If typhoon signal No. 8 or a black rainstorm signal is hoisted 3 hours before reporting time of the first event, HKRSA will announce the cancellation of the competition. HKRSA will communicate with participants for follow up arrangement.
- II. If inclement weather signals are hoisted during competition, the Competition Committee reserves the right to make final decision regarding competition arrangement.
- III. HKRSA will make announcements on reschedule arrangement on HKRSA's website, Facebook or through email. Athletes should pay attention on related announcements.
- IV. The competition will be rescheduled if it is cancelled due to inclement weather or emergency. Athletes who fail to participate on the new event date after rescheduling will be regarded as withdrawal of the competition. In which case, no refund will be made or transferred.

### Part 5: Application Deadline and Enquiry

- I. Individual Overall & Single Event: By 6 p.m. 14 February 2020 (Friday)
- II. Team: By 6 p.m. 6 March 2020 (Friday)
- III. In case of discrepancies between the Chinese and English versions, the Chinese version shall prevail.
- IV. For any enquiries, please contact HKRSA at 9464 9757 during office hours or email [hkrsa.comp@gmail.com](mailto:hkrsa.comp@gmail.com).

**\*In case of any disputes, Hong Kong Rope Skipping Association, China reserves the right to make final decision. \***

Revised on 22 January 2020