



中國香港跳繩總會

HONG KONG ROPE SKIPPING ASSOCIATION, CHINA | SINCE 1997

【密切關注新型傳染病發展及做好準備】

就有關近日新型冠狀病毒感染確診個案，本會非常關注所有職員、會員、教練及運動員的公眾安全和健康。就進行一般活動期間（包括會議、比賽活動及訓練班等），本會提醒各位注意個人衛生及在進行內地或海外活動時請留意下列各點：

- 活動前可自行量度體溫。如有發燒及有呼吸道感染病徵，不應出席活動，並盡早求醫。
- 經常保持雙手清潔，尤其在觸摸口、鼻或眼之前。
- 備有適當數量的口罩及手部衛生設施（例如視液及酒精搓手液），於人多擠迫的地方，應佩戴口罩，保護自己和其他人。

如希望進一步了解相關資訊及健康建議，請瀏覽衛生防護中心的專題網頁（<https://www.chp.gov.hk/tc/features/102465.html>），以獲取更多有關資訊。

本會將會一直密切留意傳染病的情況，有關所有比賽和訓練班的特別安排，請大家留意總會發佈的最新消息。

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2020年1月25日

【Attention on the Development of Novel Coronavirus Inflection and Related Measures】

Regarding the recent cases of new coronavirus infections, HKRSA is highly concerned about the safety and health of all staffs, members, coaches and athletes. HKRSA would like to remind all members to be aware of personal hygiene during activities (including meetings, competitions, training workshops, etc.), and also any activities that conducted in mainland or overseas.

- Take your own temperature before the event. Please do not attend the event and seek for medical advice promptly when having fever or respiratory symptoms.
- Perform hand hygiene frequently, especially before touching the mouth, nose or eyes.
- Having appropriate number of masks and hand washing facilities (preferably liquid soap and alcohol hand sanitizer). Please wear a mask at crowded places to protect yourself and prevent the spread of infection to others.

If you wish to learn more about relevant information and health advice, please visit the webpage set up by the Centre for Health Protection (<https://www.chp.gov.hk/en/features/102465.html>).

HKRSA will keep an eye on the situation of infectious diseases. Please pay attention to the latest news released by HKRSA regarding any special arrangement for upcoming competitions and training workshops.

Hong Kong Rope Skipping Association, China
25 January 2020